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## JANUARY 1 - 31, 2018

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### 1 **First Day Hikes**

10am-2pm, Elephant Butte Dam & Dirt Dam, Elephant Butte

Walk on one of 2 dams, bring cameras, and enjoy some time in the great outdoors on the first day of 2018! The Elephant Butte Dam hike starts at the overlook on State Road 51 & 177. It's a 3/4 mile walk and includes a presentation on the history of Elephant Butte Dam. The Dirt Dam hike is a moderate level walk, departing from the Dirt Dam parking lot off of State Road 195. The Dirt Dam hike is about 3.6 miles. Contact: Jeff Spencer, NM State Parks, 575-744-5923.

### 2 **Mixed Level Community Yoga - repeats weekly through April**

9-10:30am, Grapes Gallery, 407 N. Main, Truth or Consequences

Mixed level traditional hatha yoga book-ended with a little meditation and breathing. \$15 per class, \$60 for 5 classes, \$100 for 10 classes. Contact: Wendy Tremayne.

### 4 **Flow Yoga with Sonia - repeats weekly through June**

9-10:30am, Studio de la Luz, 308 S. Pershing, Truth or Consequences

An empowering and mindful 90 minute yoga flow suitable for all levels of experience. Emphasis is on alignment, breath, and applying yoga to our lives off the mat. Sonia, a practitioner since 2003, will guide you through a class that designed to nurture, harmonize, and strengthen all parts of you. Cost: \$10 per class. Contact: Sonia Dalessi, YogaSonia Journeys, 760-574-8644, [Yogasonia@outlook.com](mailto:Yogasonia@outlook.com).

### 4 **Gentle Yoga - repeats weekly through January**

5:30-6:30pm, Studio de la Luz, 308 S. Pershing, Truth or Consequences

A class for beginners over fifty, Gentle Yoga limits stress on joints while improving strength, balance and flexibility at a relaxed pace. Options using chairs are offered for those who wish to avoid kneeling and/or sitting on the floor. \$10 per class. Contact: Patty Kearney, 207-779-6201, [p-kearney@earthlink.net](mailto:p-kearney@earthlink.net).

### 4 **Mainstream Square Dancing - repeats weekly**

6pm, Old Time Fiddlers Playhouse, 710 Elm Street, Truth or Consequences

The Sierra Twirlers Square Dance Club invites visitors to join in an evening of mainstream square dancing on a great wooden floor with calling by Joey Solis. Join in the dance or sit on the sidelines and enjoy light refreshments, ice water, and coffee. Cost: \$3. Contact: Carole Wheeler, Sierra Twirlers of T or C, 575-313-9971, [randcintennessee@msn.com](mailto:randcintennessee@msn.com).

### 6 **Tour Spaceport America - repeats weekly**

9am & 1pm, departing from the downtown Visitor Center, 301 S. Foch, Truth or Consequences

Reservations are required. Southern New Mexico's scenic beauty and rugged high desert are highlighted en route to the remote Spaceport America site, where visitors will see the Gateway Gallery's interactive exhibits and kiosks; the G-Shock simulator; Spaceport Operations Center (SOC); the state-of-the-art fire station; and the URS/ Foster + Partners structure. The journey lasts approximately 4 hours. Contact: 575-267-8888.

### 6 **Kids' Yoga Journeys - repeats monthly**

10-11am, Studio de la Luz, 308 S. Pershing, Truth or Consequences

Kids age 5 to 10 will love this playful exploration of yoga that uses interactive stories and themes. They'll reap all the awesome benefits of yoga: energy regulation; connection of body to mind; self-confidence and self-awareness – strength, coordination, balance and flexibility; focus, concentration, and relaxation – while opening doorways to their creativity and imagination, and having FUN! \$5 per person. Repeats monthly. Contact: Contact: Sonia Dalessi, YogaSonia Journeys, 760-574-8644, [Yogasonia@outlook.com](mailto:Yogasonia@outlook.com).

### 6 **Saturday Night Dance - repeats weekly**

7pm, New Mexico Old Time Fiddlers Playhouse, 710 Elm Street, Truth or Consequences

Live music provided by NMOTFA Fiddlers and Friends. Come and enjoy toe-tapping fun plus refreshments at a family-friendly smoke-and-alcohol-free event. All are invited to come and dance or just listen to the music. Proceeds support the New Mexico Old Time Fiddler's Association. Cost: \$4. Contact: Manion Long, 575-744-9137.

- 7**     **Concert in Hillsboro: Acoustic Eidolon**  
7pm, Hillsboro Community Center, 316 Elenore Street, Hillsboro  
Featuring Joe Scott on the double-necked “guitjo” and Hannah Alkire on cello, Acoustic Eidolon returns to Hillsboro to once again captivate local audiences with their unique instrumentation, their original blend of Celtic, folk, and world music, and their entertaining personalities and stories. They’ll play music from their latest CD, “A Tree Finds Its Voice”, inspired by Joe & Hannah’s custom-crafted instruments, a cello and a guitar, made from the same wood. “A Tree” takes listeners on a journey” from the tree to the builders’ workshops, the creation of the instruments, and the music they’ve inspired. General admission is \$10, or \$5 for seniors and Sierra County Arts Council members. Refreshments and CDs will be available. Contact: Catherine Wanek, 575-895-5652, [cat@blackrangelodge.com](mailto:cat@blackrangelodge.com).
- 8**     **New Year’s Yoga Series - repeats weekly through February 26**  
5:30-6:30pm, Studio de la Luz, 308 S. Pershing, Truth or Consequences  
Commit to yoga – and save money – with an eight-week package. This series will progress all class members together at a relaxed pace, introducing and/or reviewing basic poses, developing a strong foundation in alignment, and promoting mindful awareness. Each student will receive individual attention. Class level: Suited to beginners and to experienced yoga students who have taken time off from yoga, been off-and-on in their practice, or want to study the basics in depth. Contact: Patty Kearney, 207-779-6201, [p-kearney@earthlink.net](mailto:p-kearney@earthlink.net).
- 13**    **Second Saturday Art Hop - repeats monthly**  
6-9pm, downtown Truth or Consequences  
Participating businesses include galleries, studios, shops and restaurants on Broadway and Main, and points in between. Check the Second Saturday Art Hop page on Facebook for late-breaking information. Contact: [director@torcmainstreet.org](mailto:director@torcmainstreet.org).
- 20**    **SoulCollage® Workshop: Creative Collage and Journaling**  
10am-12pm, Grapes Gallery, 407 N. Main, Truth or Consequences  
Explore your creative self, imagination, and inner wisdom while learning a fun process of creating collage cards using images and journaling personal reflections. Begin to create your own SoulCollage® deck or make more cards for your deck if you have done SoulCollage® before. During this workshop you will create one or more cards, access inner guidance through images and journaling, learn how to create cards at home and gain the ability to use this process for daily insight. \$25 includes all supplies. For beginner to advanced artists. Contact: Vicki Evans, [colorbox2@yahoo.com](mailto:colorbox2@yahoo.com). Sponsored by Sierra Arts Council.

*For more information see [SierraCountyEvents.com](http://SierraCountyEvents.com) or [GoSierraCounty.com](http://GoSierraCounty.com).  
Events are subject to change.*